

# Iyengar Yoga Haarlem

## **Special evening of Yoga Music, Kirtan and Heart Songs – with Manel Melich Solana (Manu)**



**Saturday May 24 at 19:30 – 22:00 | Cost: we  
kindly ask €5 (min) to €10 donation at the door**

Proudly we are that Manel Melich Solana (Manu) has chosen our studio to perform during his Dutch tour. Join us on a special evening of music and great heart songs with Manel Melich Solana (Manu) – a Spanish musician guest from Barcelona.

Music and chanting in the yoga tradition have always been the 'highway' path to the heart (Bhakti Yoga) as they compliment the physical and mental practice of yoga so well.

Kirtan, Bhajans and songs of the heart will fill up our yoga studio on this special evening. Manu works his music with intensity and love. His music has the sole purpose of serving your experience of love. Don't miss this unique experience!

#### About Manu:

Manu is a musician, teacher and practitioner of Bhakti Yoga - the Yoga of devotion. He is a devoted student of Advaita Vedanta.

Manu lives in Barcelona. He has recorded 5 albums and is presently promoting his latest work (cd's will be on sale on the night). He brings his music to the people of Barcelona regularly as well as playing at the famous Happy Yoga festivals. Aside from his music, Manu also guides meditation sessions in various schools of yoga and mindfulness.